

UPstream Insomniathon!

Beginning Friday, April 10th- **8PM**

Ending Saturday, April 11th- **9AM**

\$5 'entrance fee'

Bring pillow, sleeping bag, permission slip,
sponsor form and snacks to share.

Be sure to get sponsors, this is a 13 hour
event- see how long you can stay awake!

Karyn & Ezra's house
2224 chickie street, Antioch
925.234.4583

-----Permission Slip-----

I give my child(ren) _____
permission to attend the UPstream
insomniathon . I have received information
regarding the event and understand there will
be adult supervision. In the event of an
emergency, please allow UPstream staff to
make medical decisions to preserve my child's
health and/or well being.

Parent Name:

Contact #:

Signature:

Date:

Note to leaders:

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